

Rotary Club of SENDAI OHU Since July, 2021 仙台奥羽ロータリークラブ 仙台市青葉区下愛子字観音堂 1-1

Monthly Report (#9 April 2022)

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Your time is limited, so don't waste it living someone else's life. (Steve Jobs)

●Report: April 2022

1) Board of Directors

[Notice from President Munakata]

The Green Team of the medical corporation Soushikai (President Munakata and Mr. Hori belong) will plant Urushi trees on the premises of the medical corporation Soushikai. It will be held at 13:00 on May 9th (Monday), so please come and join us if you would like to visit or participate.

2) Club Assembly

<URUSHI PROJECT>

Guest: Mr. Takuo Matsuzawa (President and CEO of Joboji Urushi Sangyo Co., Ltd.)

*Planting: Early spring or just before it snows.

*Saplings: Sold by the company. It costs 900 yen for 30 to 50 centimeters, and over 1000 yen for large ones.

*Appropriate location: gentle mountain slopes (no fear of human wear). Originally, village trees, abandoned cultivated land and ruins of fields are more suitable. A sunny and well-drained place is suitable. Whether it is easy to cut a tree and carry it out should not be a steep slope. The roots grow sideways. The soil should be 50 to 70 cm deep. It is necessary to mow the grass about twice a year. No special debranching is required.

*Cold is not a problem, but warmer ones grow faster.

*Planted at intervals of 3 meters on the premise of scraping lacquer.

*If you take it mechanically, you can plant it 1.5 to 2 meters apart.

*No pollen problem. The flowers bloom for about a week in June. Be careful about rashes.

*Children are also participating in tree planting. In some cases, it is done at school events. Work gloves are fine.

*Grow for 10 to 15 years and scrape lacquer. Lacquer craftsmen scrape 300-400 trees a year.

*200-300 trees per hectare. If you take it mechanically, 500 pieces. Budget, area, manpower.

*Imozawa and Kamiayashi's forests are hit as candidate sites. Consider about 300 tsubo.

3) Club Forum

#April 12. The 38th. Regular Meeting

Facilitator: Dr. Daisuke Kurosawa

Table Speech of Dr. Daisuke Kurosawa

"Importance of sacroiliac joints in the human body and their disorders"

Issues to be discussed: "Selection of paid news media"

#April 19. The 39th. Regular Meeting

Facilitator: Mr. Hiroyuki Hori

Table Speech of Mr. Hiroyuki Hori

"My resume"

Issues to be discussed: "A bird's-eye view of nuclear power"

#April 26. The 40th. Regular Meeting

Facilitator: Dr. Yasuhiko Munakata

Table Speech of Dr. Yasuhiko Munakata

"Standard precaution for infection"

Issues to be discussed: "Is medical waste a sanctuary?"

4) Extraordinary Meeting (April 3. Sunday o8:00~09:00)

Lecture: "Participating in the Japanese Antarctic Research Expedition-What I learned from my wintering life-"

Guest Speaker: Dr. Hirofumi Ohe (54th and 58th Japanese Antarctic Research Expedition Medical

Division)



Dr. Ohe, his wife and Club members

5) Activity Report

Club Public Image Committee: Uploaded a video introducing members on the club homepage and YouTube.

• Rotary International District 2520 2021-22, District Conference Attendance Report

Three members from our club, Dr. Munakata, Mr. Hayashi, and Mr. Uehara attended the plenary session of the district conference held on April 17 (Sun).

Our club received the following two governor awards: 1) The club that promoted "My ROTARY" account registration, 2) RLI participation award.



Our club is the governor award for the two clubs that promoted "MyROTARY" account registration and the RLI participation award. We also received the Governor's Special Award for the COVID-19 vaccination promotion project!





• Meeting Schedule in May

#May 3. Sunday o8:00~09:00 Extraordinary Meeting

Lecture: "Pharmacist's involvement toward the realization of a sustainable society"

Speaker: Mr. Masafumi Ichinowatari (Pharmacist)

#May 10. The 41^{st.} Regular Meeting Club Assembly: "Urushi" project

#May 17. The 42^{nd.} Regular Meeting

Facilitator: Mr. Yoshiyuki Sato

Table Speech of Mr. Yoshiyuki Sato

"What is design?"

Issues to be discussed: "Mental and physical health in an aging siciety"

#May 24. The 43rd. Regular Meeting

Facilitator: Ms. Yuko Tamura

Table Speech of Ms. Yuko Tamura

The earth is our native land. Why don't we respect and protect it?

"My resume"

Issues to be discussed: "Handling of personal information in medical care"

%Note**%**

- May 3 (Tuesday): Due to a national holiday, the club will be closed due to the articles of incorporation.
- May 31 (Tuesday): Due to the 5th. week, the club will be closed due to detailed regulations.

• Attendance report: Attendance rate: 55.4% (April)

